

# Easing of Restrictions Plan

## In Response to the COVID-19 Global Pandemic

### 1.0 Overview

This document outlines a four-step plan to easing of restrictions in Wiikwemkoong Unceded Territory in relation to the COVID-19 pandemic.

The plan is based on:

- the community-wide vaccination rate
- active cases within the Public Health Sudbury & Districts area, including rate of transmission and cluster cases
- improvements in key public health and health care indicators throughout the province
- positive cases and/or an outbreak is declared in Wiikwemkoong

**Reminder: If you are travelling out of the [Robinson Huron Treaty Territory](#), please call Naandwechige-Gamig Wikwemikong Health Centre to receive guidance from the COVID-19 Nurse once you return.**

This is a living document that may undergo changes and revisions when determined necessary.

### 1.1 Vaccination Efforts

It is the goal of WUT to vaccinate the entire community to ensure the safety and well-being of all community members. WUT's goal is to achieve 'herd immunity'. 'Herd immunity' is achieved when at least 75% of eligible Wiikwemkoong community members are fully vaccinated. This means that we need 1842 adult (18+) community members to receive their full COVID-19 vaccination to protect our community.

Getting your vaccine is the best way to protect yourself, your family and our community against COVID-19 and variants of concern. Coronavirus mutations and variants may be more contagious or deadly than the original strain. According to the Centre for Disease Control and Prevention (CDC), there is evidence that the Delta variant is more transmissible (easily spreads from person to person) and has more severe symptoms.

At this time, there is no vaccine approved for the 12 and under age group. We encourage all community members to continue to practice public health guidelines to keep all community members safe from COVID-19. When a vaccine is approved, the Pandemic Team Leads, in collaboration with Naandwechige-Gamig staff, will work to ensure the vaccine is brought to Wiikwemkoong for this age group.

## 1.2 Easing Restrictions

As we move closer to our goal of vaccinations in the community, we can then cautiously lift public health measures for Wiikwemkoong. This may include expanding our social bubbles indoors and outdoors, enjoying more physical activity with larger groups, decreasing capacity restrictions within public areas, and participating in ceremony and traditional gatherings.

## 1.3 Moving Through the Steps

If trends in key public health and health system indicators are positive and community vaccination rates continue to rise, the community will move to the next step two weeks after the following vaccination thresholds have been met, taking into consideration if there are any positive cases and/or an outbreak is declared in Wiikwemkoong:

- **Step 1:** (Outbreak Declared by Council)
- **Step 2:** 60% (1474 adults) of adults vaccinated with one dose
- **Step 3:** 65% (1597 adults) of adults vaccinated with one dose
- **Step 4:** 75% (1842 adults) of adults vaccinated with two doses

## 1.4 Proof of Vaccination Requirements & Alternative Testing Measures

Proof of vaccination from all participants/facilitators/contractors who are 12 years and older attending community events and programming is required. This is to ensure community members, WUT employees, and others in attendance have the highest level of protection against the COVID-19 virus thus lessening the impact of COVID-19 within the community. *Please note that currently, only Moderna Spikevax, Pzifer-BionTech Comirnaty, AstraZeneca Vaxzevria and Janssen (Johnson & Johnson) are the only acceptable types of vaccines that are recognized in Canada.*

### 1.4.1: When is proof of vaccination required?

Proof of vaccination is required for all non-essential activities, events, and services.

INDOOR:

- Restaurants and bars (excluding outdoor patios, as well as delivery and takeout).
- Nightclubs (including outdoor areas of the establishment);
- Meeting and event spaces, such as banquet halls and conference/convention centres.
- Facilities used for sports and fitness activities and personal fitness training, such as gyms, fitness, and recreational facilities with the exception of youth recreational sport.

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- Sporting events, including indoor areas of facilities where spectators watch events
- Casinos, bingo halls and gaming establishments.
- Concerts, music festivals, theatres, and cinemas.
- Racing venues (e.g., horse racing).
- Commercial film and TV productions where there is studio audiences

#### OUTDOOR:

- Outdoor sporting events, including gyms, fitness/sporting/recreational facilities/pools/leagues/
- Outdoor meeting and event spaces
- Outdoor concert venues, theatres, and cinemas

NOTE: Alternative option may be available for participants who are not fully vaccinated through medical exemption.

For more information about the requirement of proof of vaccination, alternative testing measures, and exemptions please refer to the [Wiikwemkoong Unceded Territory's COVID-19 Community Programming and Events Guide](#).

#### **1.4.2 When you do not need to show proof of vaccination or provide alternative testing measure:**

- Essential services ie. groceries stores, pharmacy, medical appointments, social services
- If you are under 12 years old
- Entering a business temporarily to:
  - Use the washroom
  - Access an outdoor area with indoor accessibility
  - Make a retail purchase
  - Place, pick-up or pay for an order
- Entering the business for health and safety purposes.

## **2.0: Guiding Principles**

### **2.1: Step 1 Outbreak Declared in Wiikwemkoong**

#### **2.1.1: COVID-19 Outbreak Definition:**

According to Wiikwemkoong Unceded Territory Outbreak Management Plan, a COVID-19 outbreak in Wiikwemkoong is defined as two (2) or more clusters of positive COVID-19 cases. A cluster is described as two (2) or more positive COVID-19 cases associated with the same location, group, or event around the same time.

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### **2.1.2: Outbreak Details**

If an outbreak is declared by Council, Wiikwemkoong will revert to Step 1 of the Easing Restrictions Plan and follow any additional guidance from leadership that may not be included in this Plan. This will occur regardless of which step we are currently in. This is to ensure the safety of the community and reduce the risk of exposure and transmission of the virus within the community. This includes:

- Community members are strongly encouraged to stay home, and only leave for essential purposes. This includes designating one person per household to do the essential shopping.
- Social gatherings are prohibited. Community members are strongly encouraged to refrain from any gatherings, and to stay within your household bubble.
- All community programming and events will be cancelled or postponed unless you can host virtually.
- All businesses and organizations within WUT to implement their outbreak management plan and continue with the health and safety precautions.
- In-person meetings are prohibited.
- Indoor religious services, rites and ceremonies limited capacity
  - Wakes and funerals to follow all safety precautions
  - Wakes and funerals 10 people max. indoors
  - Wakes and funerals 50 people max. outdoor
- All retail at 15% capacity.
- Community members who do not reside here are strongly encouraged to not come home until the outbreak is declared over.
- Tourists and non-community members strongly encouraged to refrain from travel into the community (does not include WUT employees)

### **2.1.3: End of Outbreak:**

The outbreak's end date will be determined based on the recommendation by Naandwechige-Gamig Wikwemikong Health Centre's community nurses, and after 14 days of the last positive case during the outbreak. The outbreak will be declared over by Ogimaa and Council.

When an outbreak is declared over, the community will resume to the Step we were previous at, prior to the outbreak. (Ex. If the community reached Step 3's threshold, after outbreak is declared over, Wiikwemkoong would resume at Step 3).

Please remember that public health guidelines (wearing masks, maintaining 6-feet from others, frequent hand washing or sanitizing, contact tracing etc.) must continue to be followed.

## 2.3: Step 2

Wiikwemkoong will move into Step 2 of the reopening plan when 60% or 1474 adults have received one dose of a COVID-19 vaccine. An initial focus on resuming outdoor activities with smaller crowds where the risk of transmission is lower and permitting non-essential retail with restrictions. This includes:

- All public buildings shall not exceed 25% capacity. (Please check to see what the capacity limits are in the spaces you wish to use)
- Home/Indoor gatherings shall not exceed 15 people. Exceptions made for larger immediate families
- Outdoor gatherings of up to 60 people with safety protocols in place (non-sporting event)
- Outdoor sporting activities/programming up to 20 people. A safety plan must be provided to the WUT Pandemic Team Leads for approval.
- Indoor sports and recreational facilities at 25% capacity.
- Outdoor dining with up to four people per table. Families larger than 4 allowed to dine together if in same household bubble
- Indoor dining not permitted.
- All retail at 25% capacity

### What is essential travel?

- Accessing health care or social services. Helping someone access health care or social services
- Making a court appearance, complying with a court order, complying with a shared custody agreement
- Moving, or helping someone move
- Attending school at a post-secondary institution
- Attending a funeral
- Grocery shopping

### What is non-essential travel?

- Vacations, getaways
- Tourism
- Visiting family or friends for social reasons
- Non-essential shopping trips

- Indoor religious services, rites, or ceremonial gatherings (including funeral and wake arrangements) at 25% capacity. Wakes within a home shall not exceed 10 people at any given time
- Indoor wedding ceremonies up to 15 people (or 25% capacity), including officiant, bride/groom, witnesses (receptions remain prohibited)
- Community members are encouraged to limit travel within and out of [Robinson Huron Treaty Territory](#) to essential purposes only. Fully vaccinated individuals may not have to self-isolate upon return with a negative COVID-19 test result pending assessment and guidance from the WHC COVID-19 nurse
- Fully vaccinated off-reserve community members can visit the community. Consider staying away from the community if you reside in a 'hot spot'
- Tourists and non-community members strongly encouraged to refrain from travel into the community (does not include WUT employees)

Please remember that public health guidelines (wearing masks, maintaining 6-feet, frequent hand washing or sanitizing, etc.) must continue to be followed.

## 2.3: Step 3

Wiikwemkoong will move into Step 3 of the reopening plan when 65% or 1597 adults have received one dose of a COVID-19 vaccine. Further expanding outdoor activities and resuming limited indoor services with small numbers of people and with face coverings being worn. All non-essential activities, including programming and events will require participants to provide proof of vaccination or an alternative testing measure. Please see section 1.4. This includes:

- All public buildings shall not exceed 50% capacity. (Please check to see what the capacity limits are in the spaces you wish to use)
- Home/Indoor gatherings shall not exceed 25 people
- Outdoor gatherings of up to 100 people (non-sporting event), including outdoor meeting and event spaces, and outdoor tour and guide services
- Outdoor sports and leagues (no restrictions on number of people). A safety plan must be provided to the WUT Pandemic Team Leads for approval.
- Indoor sports and recreational facilities at 50% capacity.
- Overnight camps with safety precautions in place.

- Outdoor dining with up to six people per table. Families larger than 6 allowed to dine together if in same household bubble.
- Indoor dining, no limit on patrons per table. Must maintain 6 feet distance between parties. 50% capacity.
- Retail at 50% capacity
- Indoor religious services, rites, or ceremonies at 50% capacity
- Public libraries at 50% capacity.
- Travel safely: To ensure the safety and well-being of the community, it is strongly recommended that safety precautions are adhered to when travelling. If you are travelling outside of the [Robinson Huron Treaty Territory](#):
  - Fully vaccinated individuals will be required self monitor and call the Health Centre to book a Covid-19 test 7 days upon arriving back to community.
  - Non-vaccinated individuals will be required to contact Naandwechige-Gamig Wikwemikong Health Centre for assessment upon return, to self-isolate for 10 days upon return, and to get tested on day 7.
- Tourism is open to non-community members.
  - ⊖ Visitors are encouraged to review Wiikwemkoong Tourism's COVID-19 Visitor Guide: <https://wikytours.com/daily-cultural-experiences/>

Please remember that public health guidelines (wearing masks, maintaining 6-feet, frequent hand washing or sanitizing, etc.) must continue to be followed.

## 2.4: Step 4

Wiikwemkoong will move into Step 4 of the reopening plan when 75% or 1842 adults have received both doses of a COVID-19 vaccine, and there are continued positive trends in public health and health system indicators within the province. Expanding access to indoor settings, with restrictions, including where there are larger numbers of people and where face coverings can't always be worn. All non-essential activities, including programming and events will require participants to provide proof of vaccination or an alternative testing measure. Please see section 1.4. This includes:

- All indoor and outdoor activities, including public buildings shall not exceed 75% capacity. (Please check to see what the capacity limits are in the spaces you wish to use). This includes:

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- Home/indoor gatherings
- Outdoor gatherings (non-sporting event), including outdoor meeting and event spaces, and outdoor tour and guide services
- Outdoor sports and leagues (no restrictions on number of people). A safety plan must be provided to the WUT Pandemic Team Leads for approval.
- Indoor sports and recreational facilities
- Indoor and Outdoor dining
- Retail
- Indoor and outdoor religious services, rites, or ceremonies
- Public libraries
- Travel safely: To ensure the safety and well-being of the community, it is strongly recommended that safety precautions are adhered to when travelling. If you are travelling outside of the [Robinson Huron Treaty Territory](#):
  - Fully vaccinated individuals will be required self monitor and call the Health Centre to book a Covid-19 test 7 days upon arriving back to community.
  - Non-vaccinated individuals will be required to contact Naandwechige-Gamig Wikwemikong Health Centre for assessment upon return, to self-isolate for 10 days upon return, and to get tested on day 7.
- Tourism is open to non-community members.
  - Visitors are encouraged to review Wiikwemkoong Tourism's COVID-19 Visitor Guide: <https://wikytours.com/daily-cultural-experiences/>

Please remember that public health guidelines (wearing masks, maintaining 6-feet, frequent hand washing or sanitizing, etc.) must continue to be followed.



## 3.0: Roadmap to Reopen at a Glance

### 3.1: Travel

<b>Step 1</b>	<ul style="list-style-type: none"><li>• Travel is restricted to essential purposes only.</li></ul>
<b>Step 2</b>	<ul style="list-style-type: none"><li>• Limit travel within and out of Sudbury Public Health District to essential purposes only.</li><li>• Fully vaccinated individuals may not have to self-isolate upon return pending assessment and guidance from WHC COVID-19 nurse.</li></ul>
<b>Step 3</b>	<ul style="list-style-type: none"><li>• Travel safely: To ensure the safety and well-being of the community, it is strongly recommended that safety precautions are adhered to when travelling. If you are travelling outside of the <a href="#">Robinson Huron Treaty Territory</a>:<ul style="list-style-type: none"><li>○ Fully vaccinated individuals will be required to contact Naandwechige-Gamig Wikwemikong Health Centre, to self-monitor and get tested within 7 days upon return to Wiikwemkoong.</li><li>○ Non-vaccinated individuals will be required to contact Naandwechige-Gamig Wikwemikong Health Centre for assessment upon return, to self-isolate for 10 days upon return, and to get tested on day 7.</li></ul></li></ul>
<b>Step 4</b>	<ul style="list-style-type: none"><li>• Travel safely: To ensure the safety and well-being of the community, it is strongly recommended that safety precautions are adhered to when travelling. If you are travelling outside of the <a href="#">Robinson Huron Treaty Territory</a>:<ul style="list-style-type: none"><li>○ Fully vaccinated individuals will be required to contact Naandwechige-Gamig Wikwemikong Health Centre, to self-monitor and get tested within 7 days upon return to Wiikwemkoong.</li><li>○ Non-vaccinated individuals will be required to contact Naandwechige-Gamig Wikwemikong Health Centre for assessment upon return, to self-isolate for 10 days upon return, and to get tested on day 7.</li></ul></li></ul>

### 3.2: Retail

<b>Step 1</b>	<ul style="list-style-type: none"><li>• Essential retail at 15% capacity. Designate one person per household to do the shopping.</li></ul>
<b>Step 2</b>	<ul style="list-style-type: none"><li>• All retail at 25% capacity and can sell all goods</li></ul>
<b>Step 3</b>	<ul style="list-style-type: none"><li>• All retail at 50% capacity</li></ul>
<b>Step 4</b>	<ul style="list-style-type: none"><li>• All retail at 75% capacity</li></ul>

### 3.3: Restaurants and bars

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<b>Step 1</b>	<ul style="list-style-type: none"> <li>• Open for take-out, drive-through and delivery service</li> </ul>
<b>Step 2</b>	<ul style="list-style-type: none"> <li>• Outdoor dining with 4 people per table and other restrictions. Indoor dining not permitted.</li> </ul>
<b>Step 3</b>	<ul style="list-style-type: none"> <li>• Outdoor dining with 6 people per table and other restrictions.</li> <li>• Indoor dining 50% capacity, no limit on patrons per table.</li> </ul>
<b>Step 4</b>	<ul style="list-style-type: none"> <li>• Indoor dining with capacity and some other restrictions</li> <li>• Outdoor dining with capacity limited to permit physical distancing of 2 metres</li> <li>• Buffets permitted</li> </ul>

### 3.4: Sports and recreational fitness facilities

<b>Step 1</b>	<ul style="list-style-type: none"> <li>• Community programming is cancelled/postponed.</li> </ul>
<b>Step 2</b>	<ul style="list-style-type: none"> <li>• Outdoor team sports/programming – 20 people maximum, 2 metres distance, approved safety plan</li> <li>• Indoor use at 25% capacity</li> </ul>
<b>Step 3</b>	<ul style="list-style-type: none"> <li>• Outdoor sports leagues open, 2 metres distance, approved safety plan</li> <li>• Indoor use at 50% capacity</li> </ul>
<b>Step 4</b>	<ul style="list-style-type: none"> <li>• Indoor at 75% capacity</li> <li>• Outdoor open</li> </ul>

### 3.5: Water features

<b>Step 1</b>	<ul style="list-style-type: none"> <li>• Strongly recommending community members to refrain from using splash pad and beaches. If using, please follow all health protocols.</li> </ul>
<b>Step 2</b>	<ul style="list-style-type: none"> <li>• Outdoor splash pads, spray pads, open with capacity limited to permit physical distancing of 2 metres</li> </ul>
<b>Step 3</b>	<ul style="list-style-type: none"> <li>• Outdoor splash pads, spray pads, open with 50% capacity limited to permit physical distancing of 2 metres</li> </ul>
<b>Step 4</b>	<ul style="list-style-type: none"> <li>• Outdoor splash pads, spray pads, open with 75% capacity limited to permit physical distancing of 2 metres</li> </ul>

### 3.6: Weddings, funerals and religious services, rites and ceremonies (does not apply to receptions)

<b>Step 1</b>	<ul style="list-style-type: none"> <li>• Maximum 10 people indoors</li> <li>• Maximum 50 if outdoors</li> </ul>
<b>Step 2</b>	<ul style="list-style-type: none"> <li>• 25% capacity indoors</li> <li>• Outdoor permitted with capacity limited to permit physical distancing of 2 metres</li> </ul>

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	<ul style="list-style-type: none"> <li>• Wedding ceremonies/receptions up to 15 people or 25% capacity.</li> </ul>
<b>Step 3</b>	<ul style="list-style-type: none"> <li>• Indoor permitted at 50% capacity</li> <li>• Maximum 100 people for outdoor gatherings and organized public events</li> </ul>
<b>Step 4</b>	<ul style="list-style-type: none"> <li>• 75% capacity for indoor and outdoor</li> </ul>

### 3.7: Gatherings

<b>Step 1</b>	<ul style="list-style-type: none"> <li>• Any social gatherings are prohibited. Stay within your household bubble.</li> </ul>
<b>Step 2</b>	<ul style="list-style-type: none"> <li>• Maximum 60 people for outdoor gatherings and organized public events</li> <li>• Home/indoor gatherings 15 people max or 25% capacity.</li> </ul>
<b>Step 3</b>	<ul style="list-style-type: none"> <li>• Maximum 100 people for outdoor gatherings and organized public events</li> <li>• 50% capacity for indoor gatherings and organized public events with other restrictions</li> </ul>
<b>Step 4</b>	<ul style="list-style-type: none"> <li>• 75% capacity limit for indoor and outdoor gatherings</li> </ul>

### 3.8: Tour and guide services (for example, boat tours)

<b>Step 1</b>	<ul style="list-style-type: none"> <li>• Closed</li> </ul>
<b>Step 2</b>	<ul style="list-style-type: none"> <li>• Outdoor open with 10-person limit, and strongly encouraged that tourists and non-community members refrain from travel into community.</li> </ul>
<b>Step 3</b>	<ul style="list-style-type: none"> <li>• Tourism is open to non-community members</li> </ul>
<b>Step 4</b>	<ul style="list-style-type: none"> <li>• Tourism is open to non-community members</li> </ul>

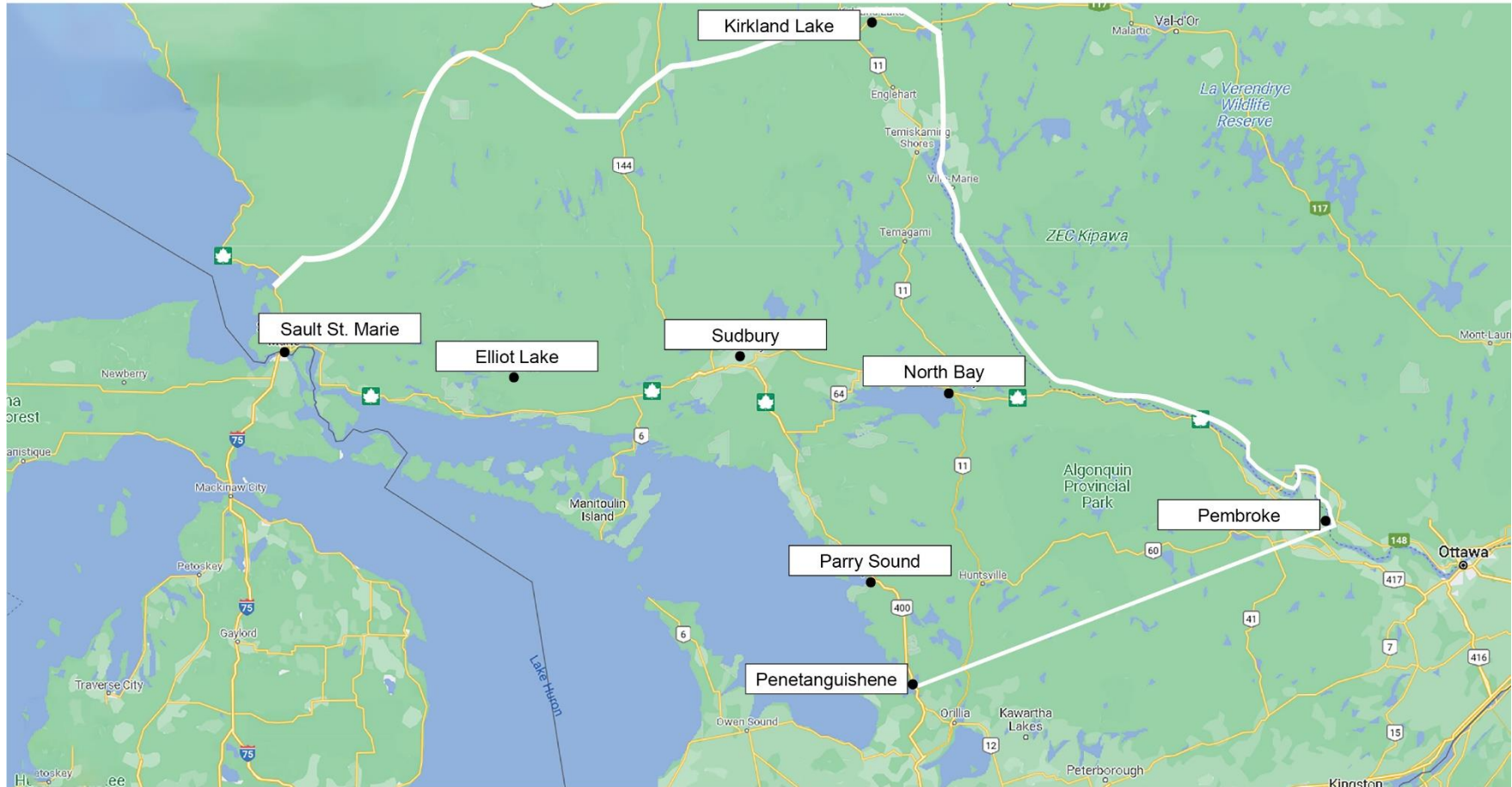
### 3.9: Construction

<b>Step 1</b>	<ul style="list-style-type: none"> <li>• Open with some limitations to commercial projects</li> </ul>
<b>Step 2</b>	<ul style="list-style-type: none"> <li>• All construction open</li> </ul>
<b>Step 3</b>	<ul style="list-style-type: none"> <li>• All construction open</li> </ul>
<b>Step 4</b>	<ul style="list-style-type: none"> <li>• All construction open</li> </ul>

## Appendix A: Robinson Huron Treaty Territory

### Robinson Huron Treaty Territory

North of Sault Ste. Marie; south of Chapleau; up to Kirkland Lake;  
west of the Ottawa River, up to Pembroke; and south to Penetanguishene.



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