Wiikwemkoong Unceded Territory

19 A Complex Drive, P.O. Box 112 Wikwemikong, Ontario P0P 2J0

Friday August 6, 2021

WIIKWEMKOONG ADVISES OF PUBLIC HIGH-RISK EXPOSURE OF COVID-19 AT LOCAL GATHERING

We are advising the community of a potential high-risk exposure to COVID-19 to anyone who had attended a social gathering at 1900 Wikwemikong Way on Saturday July 31, 2021. This includes Zipp-Thru Gas Bar, and Hiawatha's food truck.

Actions to take If you were at this location on Saturday July 31, 2021:

- We are asking you to immediately self-isolate and self-monitor if you or anyone in your immediate household were at this location and contact Naandwechige-Gamig Wikwemikong Health Centre at 705-859-3164 and the on-call nurse 705-690-8941 to book a COVID-19 test.
- If you are experiencing symptoms, we are asking you to immediately self-isolate and contact Naandwechige-Gamig Wikwemikong Health Centre.
- Begin contact tracing and recall anyone who you may have been in contact with.

If you or a family member have been tested <u>outside of Wiikwemkoong</u> at another testing centre, and has been informed they have tested positive, please contact Naandwechige-Gamig Wikwemikong Health Centre, and inform the nurses of the test result.

I know it is an anxious time for us all and if you need someone to speak to, please contact our Crisis Team at 705-348-1937. They are available 24/7.

It is important during these unprecedented times to be prepared if you or your family were to contract the COVID-19 virus. The <u>Family COVID-19 Preparedness Plan</u> includes understanding the differences between self-quarantine, self-isolate, or self-monitor at home. This plan helps you prepare in advance should you or your family would require to self-isolate or contract the COVID-19 virus. This is your own family plan that contains personal and health information. Please designate someone in your household to complete the plan, update the plan when required, and keep a copy on hand should you need to activate your Family COVID-19 Preparedness Plan. You can access this on <u>www.wiikwemkoong.ca</u> and our social media accounts.

We are reminding the community to continue to follow all public health guidelines, and to stay home. We are all in this together, and we will get through this together.

Miigwech,

Ogimaa Duke Peltier